

FAQ's About Complete Dentures

What is a Complete Denture?

A complete denture is an appliance that replaces all the teeth in one jaw. It is not cemented in the mouth and can be taken out.

What materials are in a Complete Denture?

The base of a complete denture is made of pink acrylic. The teeth are made of white acrylic or porcelain which attach into the base.

What are the benefits of a Complete Denture?

A complete denture restores function and appearance to a jaw with no teeth. It is the most cost effective way of replacing all the teeth in one jaw. A complete denture can also provide important support to facial structures such as the lips, helping to in maintain a more youthful appearance.

What are the risks of a Complete Denture?

*Complete dentures, even under the best of circumstances, **DO NOT** have the same chewing efficiency as natural teeth. The ability to chew food depends on the stability, support and retention of the dentures. Stability, support and retention are affected by many factors, including the amount and type of bone, gums and saliva present in the patient's mouth as well as the shape of the patient's jaw and how it fits with the opposing teeth.*

What are the alternatives to a Complete Denture?

The alternatives to a complete denture are:

1. *Implants which attach to:*
 - a. *Crowns or bridges*
 - b. *A complete denture*
2. *Leave your mouth as it is*

How can an existing bite affect a Complete Denture?

Uneven or excessive bite forces may cause wear or fracture of the denture teeth or denture base. Chewing will make a complete denture rock slightly in the mouth; the more uneven the biting force, the more the complete denture will rock.

Are there any post treatment limitations once I have a Complete Denture?

To keep the tissue under the appliance healthy your denture should be left out of your mouth during sleep. The teeth in the denture are not as strong as your natural teeth and you will not be able to chew as heavily on them. The appliance will tend to get food trapped underneath it and you may have to remove and clean it after eating. The fit between a complete denture and the gums is very important for retention and therefore must be re-established every 2-5 years as gums are constantly undergoing small changes.